

Coover Center Activities
At Senior Services Southwest Michigan
918 Jasper Street, Kalamazoo, Michigan
May 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
		9:30-10:30 Time Steppers	10-11 "Swinging with Susan" Arthritis Exercise	9:30-10:30 Time Steppers	9-4 Massage 10-11 Line Dance	
		9:30-11:30 Art Class 2-3:30 Grief Support	10:30-Noon VIP 10:30-4 Senior Foot Clinic* 11-Noon Wii Tournament	12:30-4:00 Bridge	1:30-3:00 Prime Time Players	
			1:30-2:30 Tai Chi 3:15-4:45 Ballroom Dance			
6	7	8	9	10	11	12
	10-11 "Swinging with Susan" Arthritis Exercise	9:30-10:30 Time Steppers	10-11 "Swinging with Susan" Arthritis Exercise	9:30-10:30 Time Steppers	9-4 Massage**	
	11-1:00 Wii Tournament 12:00-1:30 TOPS	9:30-11:30 Art Class 1-4 Helping Hands	10:30-4 Senior Foot Clinic* 11-Noon Wii Tournament	12:30-4:00 Bridge	10-11 Line Dance	
	3:15-4:45: Ballroom Dance	2-3:30 Grief Support	1:30-2:30 Tai Chi	7 pm-9: 30 pm Coover Dance		
			3:15-4:45 Ballroom Dance			
13	14	15	16	17	18	19
	10-11 "Swinging with Susan" Arthritis Exercise	9:30-10:30 Time Steppers	10-11 "Swinging with Susan" Arthritis Exercise	9:30-10:30 Time Steppers	9-4 Massage**	
	11-1:00 Wii Tournament 12:00-1:30 TOPS 3:15-4:45 Ballroom Dance	9:30-11:30 Art Class 2-3:30 Grief Support	10:30-Noon VIP 10:30-4 Senior Foot Clinic* 11-Noon Wii Tournament 1:30-2:30 Tai Chi 3:15-4:45 Ballroom Dance	12:30-4:00 Bridge	10-11 Line Dance 1-3:30 RSVP Orientation 1:30-3:00 Prime Time Players	
20	21	22	23	24	25	26
	10-11 "Swinging with Susan" Arthritis Exercise	9:30-10:30 Time Steppers	10-11 "Swinging with Susan" Arthritis Exercise	9:30-10:30 Time Steppers	10-11 Line Dance	
	11-1:00 Wii Tournament 12:00-1:30 TOPS 1:15-3:00 KCASI 3:15-4:45 Ballroom Dance	9:30-11:30 Art Class 1-4 Helping Hands	10:30-4 Senior Foot Clinic* 11-Noon Wii Tournament 1:30-2:30 Tai Chi 3:15-4:45 Ballroom Dance	12:30-4:00 Bridge	1:30-3:00 Prime Time Players	
27	28	29	30	31		
	Agency Closed	9:30-10:30 Time Steppers	10-11 "Swinging with Susan" Arthritis Exercise	9:30-10:30 Time Steppers		
		9:30-11:30 Art Class	11-Noon Wii Tournament 11:00-Noon Blood Pressure Clinic 1:30-2:30 Tai Chi 3:15-4:45 Ballroom Dance	12:30-4:00 Bridge		

* Please call Fran at 344-4410 to make your appointment

** Please call 382-0515 to make your appointment

Fees may apply to some classes. Call 382-0515 for more information

KCASI: Kalamazoo County Advocates for Senior Issues. Please call 373-5147

Calendar is subject to change.